

Appendix 2: List of excluded studies along with reasons for exclusion

Full-text articles excluded, with reasons (n=69)

Not triadic (n= 27)

Not synchronous/video (n= 12)

Not students (n= 10)

Not a primary study/review (n= 20)

Studies	Reason for Exclusion
Alger (2011)	Not synchronous/video
Ames (2016)	Not a primary study/review
Bristol (2011)	Not a primary study/review
Browning (2015)	Not students
Bruce (2018)	Not triadic
Buatip (2019)	Not triadic
Bulger (2007)	Not triadic
Carlisle (2016)	Not synchronous/video
Chapman (2008)	Not triadic
Chipchase (2016)	Not triadic
Clark (2016)	Not triadic
Connolly (2018)	Not students
Coursol (2004)	Not a primary study/review
De Caro (2014)	Not a primary study/review
De Leon (2013)	Not a primary study/review
dos Santos (2019)	Not triadic
Duijn (2018)	Not synchronous/video
Enos (2009)	Not triadic
Erlandsson (2018)	Not students
Ewertsson (2017)	Not synchronous/video
Gronn (2013)	Not triadic
Habibi (2018)	Not synchronous/video
Hardy (2016)	Not a primary study/review
Harting (2019)	Not students
Hilty (2018)	Not students
Høynes (2019)	Not triadic
Inman (2019)	Not triadic
Inumpudi (2001)	Not students
Joiner-Rogers (2019)	Not triadic
Jung (2006)	Not triadic
Kaihlanen (2018)	Not a primary study/review
Kopcha (2014)	Not synchronous/video

Körkkö (2019)	Not triadic
Lau (2004)	Not synchronous/video
Lempicki (2018)	Not triadic
Lewis (1998)	Not synchronous/video
Loewen (2017)	Not a primary study/review
Major (2018)	Not a primary study/review
Martin (2017)	Not a primary study/review
Martin (2018)	Not a primary study/review
Massey (2019)	Not a primary study/review
McCoy (2017)	Not triadic
McCutcheona (2018)	Not a primary study/review
McDonald (2018)	Not a primary study/review
McInerney (2019)	Not triadic
Mishna (2013)	Not triadic
Nagarajan (2016)	Not triadic
Nagarajan (2018)	Not triadic
Naidoo (2019)	Not synchronous/video
Newman (2020)	Not a primary study/review
Nordquist (2015)	Not synchronous/video
O'Brien (2019)	Not synchronous/video
O'Connor (2015)	Not a primary study/review
Panos (2002)	Not triadic
Perry (2012)	Not synchronous/video
Pront (2017)	Not a primary study/review
Relan (2018)	Not triadic
Romeo (2012)	Not triadic
Rousmaniere (2014a)	Not students
Rousmaniere (2014b)	Not students
Rousmaniere (2014c)	Not students
Ruhalhti (2017)	Not triadic
Sackett (2004)	Not a primary study/review
Strandell-Laine (2017)	Not triadic
Strandell-Laine (2019)	Not triadic
Strasser (2016)	Not a primary study/review
Teo (2015)	Not triadic
Wilczenski (2006)	Not a primary study/review
Zournazis (2015)	Not students

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